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# CHANTS FOR THE MEDITATION SESSION

## 1. *Refuge*

Sangye chödang tsogkyi choknam la  
Jangchub bardu dagni kyabsu chi  
Dag gi jinsog gyipey sönam kyi  
Drola penchir sangye drubpar shog

In the Buddha, the Dharma, and the supreme assembly  
I take refuge until enlightenment.  
By the merit of generosity and so forth  
May I attain buddhahood for the welfare of all beings.

Namo, rigkün kyabdag lama je  
Ngödrub jungney yidam lha  
Barchey künsel khandrö tsok  
Tsawa sumla kyabsu chi

Namo. In the lord guru, the sovereign of all buddha families,  
In the yidam deity, the source of accomplishment,  
And in the dakinis, who dispel all obstacles,  
I take refuge in the Three Roots.

Namo, ngowo tongpa chökyi ku  
Rangzhin selwa longchö dzog  
Tukje natsok tülku la  
Jangchub bardu kyabsu chi

Namo. In the empty essence, dharmakaya,  
In the cognizant nature, sambhogakaya,  
And in the manifold capacity, nirmanakaya,  
I take refuge until enlightenment.

## 2. *Bodhicitta*

Hoh, khanyam drowa malü pa  
Sangye sala köpey chir  
Dzogpa chenpö man ngag gi  
Rangrig chöku togpar ja

Hoh. In order to establish all beings equal to the sky  
In the state of buddhahood,  
I will realize dharmakaya of self-existing awareness  
Through the teachings of the Great Perfection.

## 3. *Supplication*

Palden tsawey lama rinpoche  
Dag gi chiwor pemey den la shug  
Kadrin chenpö goney jesung te  
Kusung tugkyi ngödrub tsaldu sol

Glorious root guru, precious master,  
Please be seated on the lotus throne above my head.  
Accept me through your immense kindness,

And bestow the siddhis of your body, speech and mind.

Ah. Lama khyenno. Ah. Lama khyenno.

Ah. Master, think of me. Ah. Master, think of me.

#### *4. Visualization for Receiving Empowerment*

Palden lamey ku yi neyshi ney  
Öser jungwa dag gi neyshir tim  
Kusung tugdang yeshe dorje yi  
Jingyi labney wangshi tobpar gyur

From the four places of the body of the glorious guru,  
Rays of light stream forth and dissolve into my four places.  
Blessed by the vajra body, speech, mind, and wisdom,  
I obtain the four empowerments.

Kyabney kündü lama nyi  
Gyepa chenpö rangla tim  
Rang yang künshi machö pey  
Ngangla yini dzinpa drel  
Namdag trödrel chökyi ku  
Chökyi kula nyisu mey

The master who embodies all objects of refuge  
With great joy dissolves into me.  
In the state of the uncontrived all-ground,  
My mind, free from fixation,  
Is the pure dharmakaya devoid of constructs.  
Dharmakaya is beyond duality.

*At this point, remain in the meditation state of shamatha and vipashyana according to the oral instructions you have received.*

#### *5. Dedication of Merit*

Jamdang nyingje chogmey jongwa dang  
Döndam lhanchig kyepey yeshe ni  
Gyalwa seychey namkyi togpa tar  
Dagsog ngönsum togpar jingyi lob

Grant your blessings that we may train in impartial love and compassion,  
And directly realize the ultimate and coemergent wisdom  
As all the buddhas and their sons and daughters have done.

Gewa diyi kyewo kün  
Sönam yeshe tsog dzogney  
Sönam yeshe ley jungwa  
Dampa kunyi tobpar shog

By this virtue may all beings perfect the accumulations of merit and wisdom,  
And may they attain the sacred two kayas resulting from that merit and wisdom.

#### *6. Ema Nyönpa, The Final Words of Senge Wangchuk*

Ema nyönpa sengwang nga  
Leykyi lungzey yeshe gye  
Marig go ngay bublely dröl  
Rangrig ösel bubsu shug

E ma. I, the madman Senge Wangchuk,  
Have exhausted karma-prana and expanded wisdom.  
Freed from the sphere of the five gates of ignorance,  
I have entered the sphere of luminous self-awareness.

Gosum gyi trülpa shik tsana  
Trülshi tamchey yarey cha  
Trülnang gi düpa chö tsana  
Semdzin zerwa tangrey chey

When the illusion of the three doors has collapsed,  
How pitiful is the whole basis of delusion.  
When the knots of confused experience are cut,  
How tiring is so-called concentration.

Trülpa yeshe sushar tsana  
Dagnang tamchey luwey chö  
Tamchey yingsu tim tsana  
Chi yang mayin chiryang char

When confusion arises as wisdom,  
All pure appearances are deceptive phenomena.  
When everything dissolves into space,  
Nothing whatsoever, yet everything manifests.

Ema ema dampey kudrin la  
Ema dakey tsikdi nyingpö dön  
Nyingchung lagtil zhagpa diley mey  
Tsikgi tama dütar nangwar shog

Amazing, amazing is the kindness of the sacred one.  
Amazing, these words at the moment of passing, the essential meaning,  
Are the heart placed fresh in the palm, nothing else.  
May these final words appear at the end of this age.

Zagpa rangzey jungwa rangsar deng  
Drenpa rangdröl sangtal ökyi lü  
Senge wangchuk nyidang nyamgyur ney  
Drölwa namshi khorwa dongtruk shog

Defilements self-exhausted, the elements naturally dissolved,  
Thinking self-liberated, the transparent body of light –  
Through being equal to Senge Wangchuk,  
May the depths of samsara be overturned by the four liberations.

## *7. Lamp Aspiration*

Rigpa kadag nangsels marmey di  
Rigdzin kyilkhör pejung lhala bül  
Rigpey garkyab magyur drowa nam  
Rigtong chöku gopang tobpar shog

This illuminating lamp of original pure awareness  
I offer to the mandala deities of Vidyadhara Padmakara.  
May all beings, my mothers, wherever awareness pervades,  
Attain the dharmakaya level of aware emptiness.

### *8. Aspiration for Rebirth in the Ultimate Pure Land*

Dömey zhidang yermey pema jung  
Rangnang dagpey sangdog palri zhing  
Nangrig yermey machö nyugmey ngang  
Döney namdag zhingder kyewar shog

Padmasambhava is inseparable from the primordial nature.  
His buddhafiield, the Copper Colored Mountain, is the purity of personal experience.  
May everyone be born in this original pure land,  
The uncontrived natural state of indivisible appearance and awareness.

### *9. Düsum Sangye, Supplication to Padmasambhava*

Düsum sangye guru rinpoche  
Ngödrub kündag dewa chenpö shab  
Barchey künsel düdül drakpo tsal  
Solwa debso jingyi labtu sol  
Chinang sangwey barchey shiwa dang  
Sampa lhüngyi drubpar jingyi lob

Buddhas of the three times, Guru Rinpoche  
Lord of all siddhis, Great Bliss,  
Dispeller of all obstacles, Wrathful Tamer of Mara,  
I supplicate you, bestow your blessings.  
Pacify the outer, inner, and secret obstacles,  
And spontaneously fulfill all wishes.

### *10. Orgyen Rinpoche, Supplication to Padmasambhava*

Orgyen rinpoche la solwa deb  
Galkyen barchey mijung zhing  
Tünkyen sampa drubpa dang  
Chokdang tünmong ngödrub tsöl

Precious master of Uddiyana, I supplicate you;  
May obstacles and mishap not arise.  
May good conditions be gathered and our wishes fulfilled.  
Bestow the supreme and common siddhis.

## **CHANTS FOR THE TEACHING SESSION**

### *11. The Seven-Line Supplication*

Hung, orgyen yülgyi nubjang tsam  
Pema gesar dongpo la  
Yamtsen chok gi ngödrub nye  
Pema jungney shesu drag  
Khordu khandrö mangpö kor

Kyekyi jesu dagdrub kyi  
Jingyi labchir shegsu sol  
Guru pema siddhi hung

HUNG. On the northwest border of the country of Uddiyana,  
On the anthers of a lotus flower,  
You attained the marvelous supreme siddhi,  
Renowned as the Lotus Born.  
Surrounded by a retinue of many dakinis,  
Following you, I will reach accomplishment.  
Please come and bestow your blessings.  
GURU PADMA SIDDHI HUNG

## 12. *The Four Dharmas of Gampopa*

Lo chösu drowar jingyi labtu sol  
Chö lamdu drowar jingyi labtu sol  
Lam trülpa selwar jingyi labtu sol  
Trülpa yeshe su charwar jingyi labtu sol

Grant your blessings so that my mind may follow the Dharma.  
Grant your blessings so that my Dharma practice may become the path.  
Grant your blessings so that the path may clarify confusion.  
Grant your blessings so that confusion may dawn as wisdom.

## 13. *Supplication to the Dakpo Kagyüs* \*\*

Dorje changchen tilo naro dang  
Marpa mila chöje gampo pa  
Düsum sheja künkyen karmapa  
Cheshi chung gye gyüpa dzinnam dang  
Dritag tsalsum palden drugpa sog  
Zablam chagya chela nganye pey  
Nyammey drogön dakpo kagyü la  
Solwa debso kagyü lama nam  
Gyüpa dzinno namtar jingyi lob

Great Vajradhara, Tilo, Naro,  
Marpa, Mila, Lord of Dharma Gampopa,  
Knower of the Three Times, omniscient Karmapa,  
Holders of the four great and eight lesser lineages –  
Drigung, Taklung, Tsalpa – these three, glorious Drukpa and so on,  
Masters of the profound path of mahamudra,  
Incomparable protectors of beings, the Dakpo Kagyü,  
I supplicate you, the Kagyü gurus.  
I hold your lineage; grant your blessings so that I will follow your example.

Zhenlog gomgyi kangpa sungpa zhin  
Zeynor künla chagzhen meypa dang  
Tsedir dötag chöpey gomchen la  
Nyekur zhenpa meypar jingyi lob

Revulsion is the foot of meditation, as is taught.  
To this meditator who is not attached to food and wealth,

Who cuts the ties to this life,  
Grant your blessings so that I have no desire for honor and gain.

Mögü gomgyi gowo sungpa zhin  
Men ngag tergo chepey lama la  
Gyüнду solwa debpey gomchen la  
Chömin mögü kyewar jingyi lob

Devotion is the head of meditation, as is taught.  
The guru opens the gate to the treasury of oral instructions.  
To this meditator who continually supplicates him,  
Grant your blessings so that genuine devotion is born in me.

Yengmey gomgyi ngözhi sungpa zhin  
Gangshar togpey ngowo soma de  
Machö dekar jogpey gomchen la  
Gomja lodang drelwar jingyi lob

Awareness is the body of meditation, as is taught.  
Whatever arises is fresh – the essence of realization.  
To this meditator who rests simply without altering it,  
Grant your blessings so that my meditation is free from conception.

Namtog ngowo chökur sungpa zhin  
Chiyang mayin chiryang charwa la  
Magag rölpär charwey gomchen la  
Khordey yermey togpar jingyi lob

The essence of thoughts is dharmakaya, as is taught.  
Nothing whatever but everything arises from it.  
To this meditator who arises in unceasing play,  
Grant your blessings so that I realize the inseparability of samsara and nirvana.

Kyewa küntu yangdag lama dang  
Drelmey chökyi pal la longchö ching  
Sadang lamgyi yöntan rabdzog ney  
Dorje changgi gopang nyurtob shog

Through all my births may I not be separated from the perfect guru  
And so enjoy the splendor of dharma.  
Perfecting the virtues of the paths and bhūmis,  
May I speedily attain the state of Vajradhara.

#### *14. Künsang Dorsem, General Lineage Supplication*

Künsang dorsem garab shri ri seng  
Pamakara jebang nyishu nga  
Sozur nub nyag tertön gyatsa sog  
Kater lama namla solwa deb

Samantabhadra, Vajrasattva, Garab Dorje and Shri Singha,  
Padmakara, King and twenty-five disciples,

So, Zur, Nub, Nyag, the hundred tertöns and others,  
All gurus of Kama and Terma, I supplicate you.

## *15. Damdzin Namtrül, Supplication to the Lineage of Chokling Tersar*

Damdzin namtrül chokgyur dechen ling  
Vima ngöjön jamyang khyentse wang  
Vairo ngönang lodrö taye dey  
Chenrezig wang khakyab dorje tsal

Manifestation of Damdzin, Chokgyur Dechen Lingpa.  
Vimalamitra appearing in person, Jamyang Khyentse Wangpo.  
Vairotsana really manifest, Lodrö Thaye.  
Mighty Avalokiteshvara, Khakyab Dorje.

Gyalpo dzah yi gyutrül tsewang drag  
Yudray trülpa tsewang norbü de  
Shitsö yangtrül kenchen ratna je  
Namnying rölgar dharma ratney zhab

Magical display of King Jah, Tsewang Drakpa.  
Incarnation of Yudra Nyingpo, Tsewang Norbu.  
Reincarnation of Shantarakshita, lord Mahapandita Ratna.  
Display of Namkhai Nyingpo, venerable Dharma Ratna.

Tsogyal tsalnang sukha dharma dang  
Pagmey jinlab ratna shri ri dang  
Vima ngönang samten gyatsö zhab  
Nangshi tarchin chimey dorje tsal

Manifestation of Yeshe Tsogyal, Sukha Dharma.  
Blessed by Arya Tara, Ratna Shri.  
Vimalamitra manifest in person, Samten Gyamtso.  
Perfector of the four visions, Chimey Dorje.

Sungjug drubpa sang ngag rinpoche  
Wangchok dorjei namtrül tsewang tsen  
Jamgön lamay jesung khyentse ö  
Nelug ngöngyur urgyen tsewang drub

Siddha of union, Sang-ngak Rinpoche.  
Miraculous display of Wangchok Dorje, with the name Tsewang.  
Accepted by Jamgön Lama, Khyentse Öser (KYABJE DILGO KHYENTSE RINPOCHE).  
Realizer of the natural state, Urgyen Tsewang Chokdrub (KYABJE TULKU URGYEN RINPOCHE).

Tsagyü lama ser ri trengwa la  
Michey güpey tsechig soldeb na  
Tugje jinlob drubnyi ngöngyur shog

With undivided devotion, I supplicate one-pointedly  
This garland of gold mountains, the root and lineage gurus.  
Bless me with your compassion, may the two siddhis be realized.

## 16. *Ogmin Chökyi, Supplication to the Root Guru*

Ogmin chökyi yingkyi podrang ney  
Düsum sangye künkyi ngowo nyi  
Rangsem chökur ngönsum töndzey pa  
Tsawey lamay zhabla solwa deb

In the dharmadhatu palace of Akanishtha  
I supplicate at the feet of the root guru,  
The essence of all the buddhas of the three times  
Who directly shows my mind as dharmakaya.

## 17. *Mandala Offering* \*\*

Sashi pöchü jugshing metok tram  
Rirab lingshi nyidey gyenpa di  
Sangye shingdu migte pülwa yi  
Drokün namdag shingdu chöpar shog

The earth is perfumed with scented water, and strewn with flowers,  
Adorned with Mount Meru, the four continents, the sun, and the moon.  
Imagining this as the Buddha realm, I offer it,  
So that all beings may enjoy that pure realm.

## 18. *Request to Turn the Wheel of Dharma* \*\*

Semchen namkyi sampa dang  
Lo yi jedrag ji tarwar  
Chechung tünmong tegpa yi  
Chökyi khorlo kordu sol

In accordance with the capabilities  
And the diverse aspirations of sentient beings,  
I ask you to turn the wheel of dharma  
Of the greater, lesser, or conventional vehicles.

*At this point, the teacher commences the Dharma talk. After the talk is finished, continue with dedicating the merit.*

## 19. *Dedication of Merit*

Künsang dorje changchen menchey ney  
Drinchen tsawey lama yenchey kyi  
Drowey döndu mönlam gang tabpa  
Dedag tamchey dengdir drubpar shog

From the great Samantabhadra Vajradhara  
Down until our kind root guru,  
May the aspirations made for the benefit of beings  
Be fulfilled this very day.

Sönam diyi tamchey sigpa nyi  
Tobney nyepey dranam pamje ney  
Kyega nachi balab trukpa yi  
Sipey tsoley drowa drölwar shog

By this merit may all attain omniscience.\*\*

May it defeat the enemy, wrongdoing.  
From the stormy waves of birth, old age, sickness, and death,  
From the ocean of samsara, may I free all beings.

Jangchub semchog rinpoche  
Makye panam kyegyur chig  
Kyepa nyampar meypa yang  
Gongney gongdu pelwar shog

May the precious mind of enlightenment  
Arise where it has not arisen.  
Where it has arisen, may it not wane,  
But further and further increase.

## *20. Aspiration for the Karmapa's Activity to Flourish*

Düshi leygyal gyalwey trinley pa  
Karma paten tenpey nyingpo chok  
Chogtar künkyab kyabching gyünmi chey  
Tagpar rabpel pelwey tashi shog

Glorious activity of the victorious ones, conquering over the four maras,  
Glorious Karmapa, may there be the goodness  
That you always spread the supreme essence of the teachings,  
Spreading it unceasingly to pervade throughout all directions.

## 21. *Aspiration for Chokgyur Lingpa's Activity to Flourish*

Trülpey terchen gyamtsö khorlö gyur  
Drodül chokgyur dechen lingpa yi  
Ringlug chogdü kuntu kyabpa dang  
Pendey getsen gyepey tashi shog

May the tradition of Drodül Chokgyur Dechen Lingpa,  
The universal monarch of the ocean of incarnated tertöns,  
Pervade throughout all directions and times  
With the auspicious unfolding of benefit and happiness.

### **ADDITIONAL CHANTS**

## 22. *Supplications for the Swift Rebirth of Kyabje Tulku Urgyen Rinpoche*

*Composed by Kyabje Khyentse Rinpoche.*

Om soti, gyalkün yabchig karmey tugkyi sey  
Orgyen ngöjön terchen chokling gi  
Kabab dün-gyi ringlug sogdzin dzey  
Chog gi dorje lobjön nyurjön sol

OM SVASTI. Only father of all conquerors, heart son of Karmapa,  
Holder of the life force of the system of the seven transmissions  
Of the great tertön Chokgyur Lingpa, Orgyen in person,  
Eminent vajra master, may you swiftly return.

Ngedön chönyi gonglong tseyla peb  
Sabdön drubpey dön nyi lhün-gyi drub  
Mindröl dütsi kalsang tsimdzey pey  
Tsewang chogdrub palbar nyurjön sol

You have reached the fullness of the expanse of realization, the reality of the true meaning,  
And spontaneously perfected the two aims through practicing the deep meaning.  
While nurturing the excellent fortune of the nectar of ripening and freeing,  
Tsewang Chokdrub Palbar, may you swiftly return.

Tsokye lama yabsey tugkye dang  
Dagchag deymö tenjung denpa yi  
Chogi tulku nyurdu jönpa dang  
Kater tenpey trinley gyegyur chig

By the aspirations of Guru Padma, father and sons  
And by the truth of the auspicious coincidence of our faith and devotion,  
May a supreme incarnation swiftly appear  
And may the activity of the teachings of Kama and Terma flourish.

Lumey peyjung yabyum tujin gyi  
Rigdzin orgyen tsewang chogdrub kyi  
Trülpey dashel nyurdu charwa dang  
Tendro dönchen taru chinpar shog

By the unfailing power and blessing of Padmakara and consort,

May the full moon of an emanation  
Of the vidyadhara Orgyen Tsewang Chokdrub quickly appear.  
And may his immense benefit for the teachings and beings be perfected.

*From the writings of Kyabje Dudjom Rinpoche.*

*These modified blessed vajra words of longevity supplication by the two great vidyadharas and lords of refuge were respectfully written down – due to numerous reasons and needs – by Tulku Chökyi Nyima, the lowest disciple of our sublime father, as supplications for his swift return, on the tenth day of the one hundred-thousand-multiplication month of the year of the Fire Mouse, at the occasion of the sacred day of the Second Buddha of Uddiyana. May this be a contributing cause for soon meeting a precious reincarnation of our guru, the glorious protector. May it be virtuous. May it be virtuous. May it be virtuous.*

Om soti, rabjam tsasum gyamtsö tujin gyi  
Chokgi tulku orgyen rinpoche  
Nang-ying tingsal zhönnu bumkü long  
Dagpey zhinchog gangdu zhukgyur kyang  
Dengdir dagsok dungwey soldeb na  
Tukje tsewey yalwar midor war  
Yangsi tsenpey dazhel nyurjön ney  
Dagchak pönlob samdön drubpa dang  
Gyaltan chidang nga-gyur nyingma wey  
Trinley dzamling kuntu kyabgyur chig

OM SVASTI.

By the power and blessings of the infinite ocean of the Three Roots,  
Supreme nirmanakaya Urygen Rinpoche,  
In whichever pure realm you reside,  
As the expanse of the youthful vase body, the brilliant depth of inner space,  
We beseech you with yearning devotion,  
Please don't exclude us from your loving compassion.  
Let a reincarnation soon appear like a perfect full moon,  
To fulfill the wishes of us all, both master and disciples.  
For the Buddhadharmas and the Nyingma school of the Early Translations,  
Spread your activity to the ends of the world.

*When encouraged by our protector's own Malaysian disciple, the female practitioner Bin Eng, and through the force of my own deep-felt longing, may this prayer from his lowest disciple, the Ever-Sick Khenpo Jamyang Dorje, be meaningful.*

## 23. Short Supplication for the Long Life of Chökyi Nyima Rinpoche

*Composed by Kyabje Trülshik Rinpoche.*

Om soti, choksum tsasum gyalwa gyamtso yi  
Ka-nying chökyi tenpey nyima chey  
Sangsum tagten tendrö zhedön kün  
Malü yongsu drubpar jingyi lob

OM SVASTI,

Ocean of conquerors, Three Jewels and Three Roots,  
Bestow your blessings that the three secrets may be forever steadfast  
For the great sun of the Kagyü and Nyingma Dharma,  
And that all his aims and aspirations for the teachings and beings

May be utterly and completely fulfilled.

*With deep-felt trust and hope, this aspiration was made by the Shakya monk Vagindra Dharma Mati. May virtuous goodness increase.*

*The sun of the Dharma refers to Chökyi Nyima Rinpoche (Chökyi = of the Dharma, Nyima = sun). Vagrindra Dharma Mati is the Sanskrit for Ngawang Chökyi Lodrö, Trülshik Rinpoche's name.*

## 24. Supplication for the Long Life of Chökyi Nyima Rinpoche

*Composed by Kyabje Düdjom Rinpoche.*

Om soti, podrel dewa chenpö yeshe ni  
Mishik dorjei langtsö gegpey kur  
Yongshar pagma yizhin korlo yi  
Dengdir chimey tagpey jinchen pob

OM SVASTI,

The unchanging wakefulness of great bliss  
Fully manifests in the graceful form of indestructible vajra youth.  
May the noble wishfulfilling wheel of Tara  
Today shower down the great resplendence of everlasting immortality.

Jigten wangchuk palden karma pey  
Mejung tugkye samten jönpey lung  
Dzeje zhenpen pagsam yongdü wang  
Tsungmey gyalwey nyugu zhabten sol

The wondrous aspiration of Glorious Karmapa (Karma), lord of this world,  
Is like the river in the forest of meditation (Samten).  
Wishfulfilling tree of magnetizing (Yongdu) power, beautifying it for the benefit of others,  
Incomparable son of the buddhas, may your life be long.

Lungtok do ngag chötsül pemey tsal  
Shedrub ökyi nangwey jedzey pa  
Chogsang ngedön tenpey nyima chey  
Ta ngen münpey sheydu zhabten sol

You unfold the lotus groves of the Dharma (Chö) of statements and realization, Sutra and  
Mantra,

With the illuminating light of (kyi) teaching and practice.  
Great sun (Nyima) of the supreme and secret doctrine of true meaning,  
To destroy the darkness of wrong views, may your life be long.

Drelchey tarlam drenpey trinley gyün  
Nam yang michey yangpey sakün kyab  
Risu machi tendang drowa yi  
Pung nyen dampa nyidu zhabten sol

Your stream of activity (Trinley), leading whoever you meet to the path of liberation,  
Is forever unbroken and all-pervading (Künkhyab) throughout the whole earth.

For the sake of being a noble defender of the doctrine and beings,  
Without partiality, may your life be long.

Drenchog kye bu zhabpey kalgyar ten  
Ngedön chökyi yangnyen choktar drok  
Drubgyu ringlug töngyi dreyzhin min  
Gelek dzogden zheypey tashi shog

May the life of this eminent guide last for one hundred aeons,  
May the Dharma tones of the true meaning resound to the end of the world,  
May the tradition of the Practice Lineage ripen like crops at autumn,  
And may the auspicious golden age unfold with virtuous goodness.

*Tulku Chökyi Nyima Rinpoche's full name is Karma Samten Yongdu Chökyi Nyima Trinley Künkyab: Karma Magnetizing Meditation, Sun of the Dharma, All-pervading Activity. Karma means belonging to the buddha family of Karmapa.*

## ***25. Short Supplication for the Long Life of H.E. Chokling Rinpoche***

*Composed by Kyabje Trülshik Rinpoche.*

Om soti, tsasum tse lha gyamtso jinlab kyi  
Chokgyur dechen lingpa mi yi gar  
Gyurmey dewey dorjei sangwa sum  
Tagten trinley dzam ling kunkyab shog

OM SVASTI.

Ocean of Three Roots and deities of long life,  
By your blessings may the three secrets of Gyurmey Dewey Dorje,  
Chokgyur Dechen Lingpa appearing in human form,  
Be forever steadfast, and may his activities be all-pervasive throughout the world.

## ***26. Supplication for the Long Life of H.E. Chokling Rinpoche***

Om soti, gyalkün rigkyi chöpen ö-ta ye  
Zhingdir chimey rigdzin zhönnü tsül  
Rangjung tsoley kyepey gyalwa dey  
Jinchen shipey metog chardu pob

OM SVASTI.

Family crown of all victorious ones, Amitabha,  
Manifest in this realm as the Youthful Vidyadhara of Immortality,  
May this self-existing Lotus Buddha  
Shower down auspicious flowers of great resplendence!

Drenchok nga-yab lingpey gyaltsab chey  
Mijik desum senge ngaro yi  
Tamen ridak tsoknam pakong wa  
Gyurme ngag-gi wangchuk zhabten sol

Great regent of the supreme (Chok) guide Ngayab Lingpa (Ling),  
Your fearless (Mi) lion's roar of the Three Sections  
Subdues the hordes of beast-like inferior views.  
Unchanging (gyur) lord of speech, may your life be long!

Dechen yeshe chag-gyey gyugar gyi

Rang-gi düljar drelwey kalsang tsok  
Zungjug dorjey sala ugjin pa  
Drubpey depön chok-gi zhabten sol

With your magical dance, the wisdom forms of great bliss (De),  
You connect (wey) with disciples who have excellent fortune,  
Assuring them of the state of vajra (Dorje) union;  
Steerman of siddhas, may your life be long!

Labchen trinley ö-nang bumdel wey  
Chernyik dükyi münrum tarjey tey  
Lamey ngotsar pendey gatön pal  
Chokdü künkyab trozhin zhabten sol

The all-pervasive brilliance of your immense activity (Trinley)  
Abolishes the darkness of this degenerate age.  
Emanating a splendid feast of benefit and happiness, wonderful and unexcelled,  
Pervading all (Künkyab) times and directions, may your life be long!

Drodül kyebü zhabpey kalgyar ten  
Zabsang chö-nga sasum kyabpar drok  
Nga-gyur ringluk yargyi tsotar gye  
Gelek chokley namgyal tashi shog

May the life of this great tamer of beings last for one hundred aeons!  
May the Dharma drum of the Profound Secret resound to fill the three worlds!  
May the tradition of the Early Translations swell like a lake in summer!  
And may auspicious goodness triumph in all directions!

*This was composed with wishes for the long life of the fourth in the incarnation line of Terchen Chokgyur Lingpa, by Jigdrel Yeshe Dorje on the auspicious Victorious (thirteenth) day of the Ripening (ninth) month in the year that is Delightful-to-All (Wood Tiger). Siddhi rastu. May it be accomplished!*

*Chokling Rinpoche's full name is Chokling Mingyur Dewey Dorje Trinley Künkyab—Supreme Sanctuary, All-Pervading Activity of the Unchanging Blissful Vajra.*

## 27. *Supplication for the Long Life of Tsoknyi Rinpoche*

Pomey yeshe ku-nye dewar shek  
Lumey choksum rabjam gyalwa dang  
Chimey tseyi palter choknam kyi  
Gyurmey dorjer jinlab paltsöl dzö

Sugatas who have attained the nontransferring wisdom body,  
Unfailing Three Jewels, all-encompassing victorious ones,  
Eminent ones who grant the glory of deathless longevity,  
May you all bestow the splendor of unchanging vajra blessings!

Ngagi wangchuk mejung tukjei ter  
Tsok-nyi tarsön yönten gyamtsö chi  
Khyentse norbu drima mepey tog  
Dön-gyü nyingpö gyaltsen ngöntö tser  
Zijin barwar zhabpey tagten sol

Lord of Speech, treasure mine of wondrous compassion,  
Perfection of the two accumulations, ocean of magnificent qualities,  
Jewel of wisdom and love, immaculate top-ornament

At the lofty summit of the victory banner of the essence, the true transmissions,  
In blazing and majestic brilliance, may your life be long and stable!

Tsozhey zhomdrel dorjei khamsu ling  
Pendey palkün sampel wangjo tar  
Lekdzey trinley gekmey takching khyab  
Püntsok gelek lhün-gyi drubgyur chik

Please remain alive, as firm as the indestructible vajra nature,  
May your splendor of benefit and welfare be like a wishfulfilling gem,  
May your excellent activity be unobstructed, permanent and all-pervading,  
And may your abundant virtuous goodness be spontaneously perfected!

*At the occasion of re-establishing the precious incarnation of Drubwang Tsok-Nyi at his seat, this was requested by Rabpel, the head-chanter of Tsegön, and by the nuns of Nyigön named Jamyang Dedrön, Zilnön Chödrön, and Sherab Sangmo, who also offered presents. Accordingly, this aspiration was made by Trülshik Gyepa during a break in nectar medicine sadhana. May virtuous goodness increase!*

*(Trülshik Gyepa is the name of Adhi Rinpoche. The names Rabpel, Jamyang Dedrön, Zilnön Chödrön, and Sherab Sangmo, respectively, mean Utmost Increase, Gentle and Melodious Lamp of Bliss, Outshining Lamp of Truth, and Excellent Knowledge.)*

## 28. Supplication for the Long Life of Phakchok Rinpoche

*Composed by Kyabje Trülshik Rinpoche.*

Om soti, chimey lama lhayi tutob kyi  
Pakchok dögar tubten dodang ngak  
Dzinpey depön jigmey drakpey zhab  
Mingyur tagten zhedön lhundrub shog

Om svasti.

By the power of the gurus and deities of immortality,  
May the life of this noble and supreme emanation,  
Fearless and renowned guide who upholds the Buddha's teachings of Sutra and Mantra,  
Be unchanging and steadfast, and may his wishes be spontaneously fulfilled.

## 29. Longevity Supplication for Four Sublime Tulkus

Tawey chokgyur kadag dzogpa che  
Trekchö tögal dechen lamchog drö  
Nangzhi zesar rigdzin lobbön chog  
Zhabpey tenching dzettrin gyegyur chig

With the eminent view, the Great Perfection of primordial purity,  
You have traveled the eminent path of great bliss, Trekchö and Tögal,  
And arrived at the end of the four visions: eminent vidyadhara master,  
May your life be firm and your activity flourish.

Zabgye chökyi druchar chokchur beb  
Kyegü marig münsel nyima che  
Düljey lingzhi göndu kalpar gyar  
Zhabpey tenching dzettrin gyegyur chig

Showering down the rain of Dharma, deep and vast, throughout the ten directions,  
You are a great sun that dispels the ignorant darkness of all beings.  
As the protector of disciples on the four continents, for one hundred aeons,  
May your life be firm and your activity flourish.

Gurü jesung lhasay namtrul wa  
Terchen mingyur dorjei kyeta nyi  
Labsum dzödzin chok-gi trulpey ku  
Zhabpey tenching dzettrin gyegyur chig

Emanation of the Prince, a follower of Guru Rinpoche,  
Last incarnation of Terchen Mingyur Dorje,  
Eminent nirmanakaya who upholds the treasury of the three trainings,  
May your life be firm and your activity flourish.

Migche migmey sönam yeshe kyi  
Tsok-nyi sagpey gyamtsör subpa lay  
Gangku tsenpey öngang rinpoche  
Zhabpey tenching dzettrin gyegyur chig

While churning the ocean of the accumulations,  
The two gatherings of merit and wisdom, with and without concepts,  
Endowed with the brilliant and precious form of major and minor marks,  
May your life be firm and your activity flourish.

Könchog tsawa sumgi jinlab dang  
Kadö damchen gyamtsö dentob kyi  
Dakgi tsechig solwa tabpey dön  
Gegmey nyurdu drupar jingyi lob

By the blessings of the Three Jewels and Three Roots,  
And by the power of truth of the ocean of samaya-holding protectors,  
May the aim for which I pray one-pointedly  
Be blessed with swift and unhindered fulfillment.

*Based on repeated requests from the eminent Tulku Chökyi Nyima Rinpoche's translator, Erik Pema Kunsang, this longevity supplication for the four eminent tulkus was one-pointedly expressed by Tenga Tulku. (Received from Tenga Rinpoche while he was residing at the Benchen center in Belgium.)*

### ***30. Request for the Teacher to Remain as the Vajra Body, Speech, and Mind***

*Composed by Terdag Lingpa.*

Om amarani dziwentiye soha  
Nangtong dechen zhommey dorjei ku  
Tsenpey langtso rabgye gyalkün gyi  
Ngotsar chizuk gangdül trülpey ku  
Gyurmey kuyi dorjei zhabten sol

OM AMARANI JIVANTIYE SVAHA

Your indestructible vajra body of great bliss, visible and yet empty,  
Fully adorned with the youthfulness of the major and minor marks,  
Is the marvelous embodiment of the victorious ones, a nirmanakaya to teach beings.  
May your life be firm as the unchanging vajra body.

Draktong gakpa meypa dorjei sung  
Yanlag drugchu zabsang chökyi dra  
Drolö sampa zhintön longchö dzog  
Gakmey sung gi dorjei zhabten sol

Your unobstructed vajra speech, audible and yet empty,  
Voice of the profound and secret teachings, endowed with sixty qualities,  
Is the sambhogakaya manifested to accord with the inclination of beings.  
May your life be firm as the unceasing vajra speech.

Rigtong kyegag neydrel dorjei tuk  
Zabsal yeshe chökün jungwey ying  
Kyabdag gyalwey nyingpo chökyi ku  
Trülmey tugkyi dorje zhabten sol

Your vajra mind beyond arising, dwelling and ceasing, cognizant and yet empty,  
Profound and luminous wakefulness, the sphere from which all dharmas arise,  
Is the all-pervasive lord, the dharmakaya essence of the victorious ones.  
May your life be firm as the unmistakable vajra mind.

Künkyab khala trinley nyinmor jey  
Charnub yongdrel pendey nangwa chen  
Tendro peytsal gyepey nyertso chok  
Kalpa gyamtsor rabtu salgyur chig  
Sun of buddha activity in the all-pervading sky,  
Radiating welfare and happiness beyond rising and setting,  
Eminent sustainer who makes the lotus garden of the teachings and beings bloom,  
May you shine for an ocean of aeons.

### *31. The Final Words of Terdag Lingpa Gyurme Dorje*

Nangdrag rigsum lha ngag chökui ngang  
Kudang yeshe rolpar jamley pa  
Zabsang naljor chenpoi nyamlen la  
Yermey tugkyi tigler rochig shog

May sights, sounds and awareness in the state of deity, mantra and dharmakaya  
Merge boundlessly as the display of kayas and wisdoms  
In the profound and secret practice of the great yoga  
And be of one taste with the indivisible mind bindhu.

### *32. Prayer before Meals \*\**

Tönpa lamey sangye rinpoche  
Kyobpa lamey damchö rinpoche  
Drenpa lamey gedun rinpoche  
Kyabney könchog sumla chöpar pul

The unsurpassable teacher is the precious Buddha,  
The unsurpassable protector is the precious, holy Dharma,  
The unsurpassable guide is the precious Sangha,  
To the unsurpassable Three Jewels I make this offering.

*This collection of chants has been compiled over the years from the traditional chants used in the Kagyu and Nyingma lineages for teaching and practice sessions, and from the tradition of Kyabje Tulku Urgyen Rinpoche and Chökyi Nyima Rinpoche. In addition, we have included supplications for the longevity of our precious teachers. Liturgies accompanied by a double star \*\* are translated by and reproduced with the kind permission of the Nalanda Translation Committee.*

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